

## Wearable indicator to ensure body hydration



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Dehydration is something, which most people do not get much concerned about. However, optimum hydration is important for proper functioning of vital functions of the body. Harsha has thought about a device which could monitor and report the degree of hydration of the body.

Harsha, who wants to become a surgeon, has varied interests in tennis, poetry, food, music and singing. She plays carnatic violin and can sing in French, Tamil, English and Hindi and is planning to learn Arabic and Japanese.

